



Saint Helena's Catholic Primary School

55 Fortescue Place Ellenbrook

Phone (08) 9297 7500 Fax (08) 9296 8307

Email: admin@sthelenas.wa.edu.au Website: www.sthelenas.wa.edu.au

Something Beautiful for God

Important Dates

Thursday	24 Sept	Assembly 2.00pm (numbats)
Friday	25 Sept	Whole School Mass
Friday	25 Sept	End Term 3
Wednesday	14 Oct	School commences Term 4

A MESSAGE FROM THE PRINCIPAL

- † **St Helena's Feast Day.** Congratulations to the staff and students for making this such a joyous event. It was wonderful to see the school community coming together to celebrate both through the Mass and also through the fun activities that classes ran. All monies raised on the day will go to missions.
- † **NAPLAN Results.** The National Assessment Program in Literacy and Numeracy results for children in Years 3, 5 and 7 has been provided, as a report to parents. It should be noted that the results have been obtained from a limited testing situation held in May of this year. The information in the report reflects your child's performance in May rather than at the time you read the report. It may be relevant for you to meet with your child's classroom teacher in order to obtain more recent assessment information.
- † **Car Park.** A parent reported to me two incidences where a pedestrian and a student bike rider were nearly injured because of the lack of caution being exercised by drivers in the car park. I find it particularly frustrating that these sorts of reminders have to be continually placed in the newsletter. The safety of our students is a shared community responsibility. My real concern is that it will take a serious injury to one of our students before this is recognised by all parents and carers.
- † **Booklists 2010.** With the endorsement of the School Board, P & F and school staff it has been decided that the school will adopt the widely accepted practice of having booklists for each year level. It is anticipated that the cost of the booklists will be range from \$50-\$70 depending on the year level. Parents are reminded that they are able to claim through their tax return for 50% of such costs. More information on the booklists will be made available to you shortly.
- † **Interschool Sports Carnival.** Congratulations to Katrina Bennet and the other staff members involved in organising such a well run carnival. Many thanks also to the very hardworking members of the P & F who provided the sausage sizzle and other refreshments. I would also like to make special mention of two of our senior students, **Ben Oreo and Patrick Neill**, who have been acknowledged by the parents for their assistance and help during the day. Both Ben and Patrick acted independently and in a selfless way to help others and "**do something beautiful for God**". Well done to you both.

ST HELENA'S CATHOLIC PARISH, ELLENBROOK

Parish Priest - Father Francis Huy Nguyen

25 Alderley Ave Ellenbrook

Ph. 9296 7088—Mob. 0401 797 313

Pastoral Assistant – Rev. Ivan Sands (0439 919 585)
masses

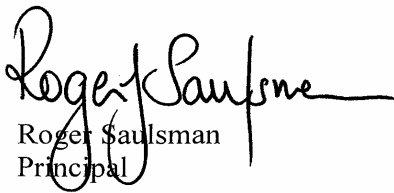
MASS TIMES

Sat 8am & 6.00pm, Sun 8am & 9.30am

Weekdays Mon-Fri 7.30am

Reconciliation prior to all weekend

- † **School Fees.** As you may be aware school fees represent a significant component of the school's total income. Without this income the school will experience great difficulty in meeting its responsibilities and ensuring that the best possible educational program is provided for the children of this school. Term 3 fees need to be paid prior to the end of this week. If you are experiencing any difficulties in meeting this financial commitment please make an appointment to discuss the situation with me.
- † **Australian Council of Educational Leaders Conference.** I will be attending this conference from Thursday 24 September to Monday 28 September. Andrea Millar will be responsible for the school in my absence.
- † **Student Free Days.** The first two days of Term 4 (**Monday 12 October and Tuesday 13 October**) will be student free days. **Children will commence Term 4 on Wednesday 14 October.**
- † **End of Term.** I do hope that you enjoy this break with your children and that everyone returns back to school both rested and safe.


 Roger Saulsman
 Principal

Prayer for this week

Lord, make me an instrument of your peace,
 Where there is hatred, let me sow love;
 where there is injury, pardon;
 where there is doubt, faith;
 where there is despair, hope;
 where there is darkness, light;
 where there is sadness, joy;

O Divine Master, grant that I may not so much seek to be consoled as to console;
 to be understood as to understand;
 to be loved as to love.

For it is in giving that we receive;
 it is in pardoning that we are pardoned;
 and it is in dying that we are born to eternal life

Francis of Assisi - Feast Day: October 4

As a young man, Francis was very wealthy. Once, when he was sick, he felt that god was calling him to live as Jesus did. Francis responded to God's call and began to visit the sick in Hospitals and to do helpful things for the poor.

"When people serve the poor," Francis said, "they are serving Christ himself."

Francis began to wear clothes like the poor, and began Preaching to people about peace and unity.

"All the things God created are like our brothers and sisters," he said.

Francis often addressed the sun, moon, stars and animals as brothers or sisters.

During prayer one day, Francis had a vision of Jesus hanging on the cross. So deep was Francis' desire to be like his Lord, that the marks of Jesus' five wounds appeared on Francis' body, and remained there all his life. He died in 1226.



2009 NAPLAN Reporting

Parents in Years 3, 5 & 7 will be receiving individual student reports and a brochure containing information for parents. The results from the NAPLAN provide an important measure of how all Australian students are performing in the areas of reading, writing, spelling, grammar and punctuation, and numeracy.

It should be remembered that these results have been obtained from a single test, and therefore they provide a 'snapshot' of your child's achievement at that time. These results complement more extensive and informative judgements made about your child's performance by the classroom teacher.

Confirmation Photos

The photo proofs have arrived and are available for perusal at the front office or online at www.midlandphotos.com.au

Graduation Dinner

Thank you to the parents who have paid their child's money. For those who haven't, it is now due. Please send payment into the office in a sealed envelope noted "Attention – Andrea Milburn" before the end of term. This is so we can finalise the number of students attending. Unfortunately **NO payment means NO attendance**.

Congratulations

Well done to Brody Sleath for being awarded the Most Valuable Player Award in Ellenbrook United Soccer Club 9's. Way to Go!!!!

Uniform Shop

Open every morning from 8.20am to 8.45am or orders can be taken.

School Canteen

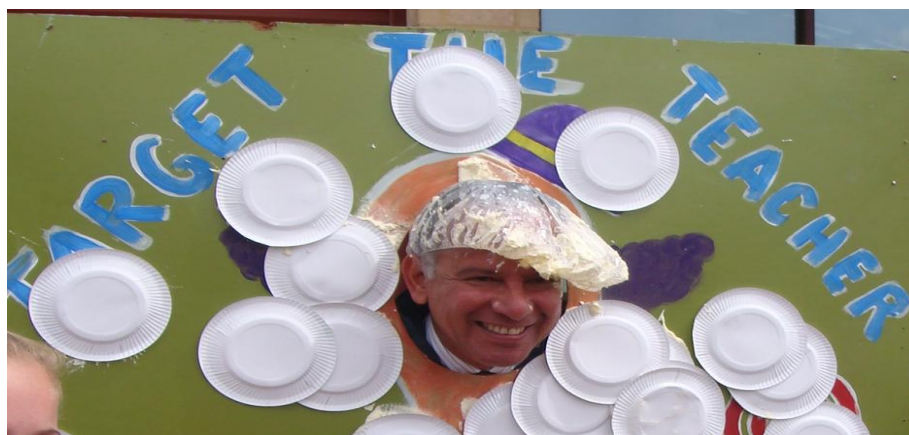
The canteen will be open Monday, Wednesday and Friday. Please remember to put separate money into each order bag or see Mrs Gregory at the canteen.

Canteen Roster	
Wed 23 Sept	Adelle Alberts
Fri 25 Sept	Andrea Milburn Donna Tedesco
Wed 14 Oct	Christine Perham
Fri 16 Oct	Sharon D'Evelynes
Mon 19 Oct	Trish Salvo

Fete News

Thank you to the parents who have already sent in their specified donations for the fete. If you can't find what is recommended on the list, then please bring in something else. All donations accepted. Don't forget to put your name down on the list for your class stall. The list is in the classroom so if you can't find it, please ask the teacher.

St. Helena's 10 Anniversary Celebration Congratulations & Thank You



**A Great day was had by all
AND
The amazing amount of
\$1000.00
Was raised for the Missions.**

TIPS FOR UNDERSTANDING CHILDREN'S MISBEHAVIOUR

by Michael Grose

"Is most misbehaviour attention-seeking?" asked a father at a parenting seminar

Good question!

"Yes," I said. "But it is not that simple," I added.

All misbehaviour by its very nature is attention-seeking – it is hard to ignore and usually gains some measure of attention either from parents, siblings or adults.

There four common types of misbehaviour that achieve one of three goals. Your gut reaction is the best guide to understand the goals of misbehaviour. If you are unsure just respond as your feelings indicate and your child's response is a sure indicator. The four types of misbehaviours are:

1. **"Notice Me" behaviours:** These behaviours include clowning, cuteness, some eating problems, interruptions, shyness, showing-off and whining. They are very common in young children who think that the world revolves around them.
2. **"Help Me" behaviours:** These behaviours include incompetence, laziness, forgetfulness and untidiness which are all great ways to keep parents in children's service. When parents respond to "help me" behaviours by reminding, tidying and doing things for them kids soon become helpless! Both behaviour types achieve the goal of **attention**.
3. **"Make Me" behaviours:** These behaviours include defiance, arguing, dawdling, temper tantrums and stubbornness. These behaviours let parents know that they can't make their child do anything they don't want to do. The goal is **power and control**. You know you have a power-seeker on your hands if you feel angry. You actually want to make your child do something. It's not pretty! If you respond by telling them what to do you often get an argument, more defiance or lack of cooperation. These kids don't mind a good scrap!
4. **"I'll hurt you" behaviours:** These hurtful behaviours include hitting, stealing, refusal to cooperate and saying hurtful things. The behaviours vary but the goal is the same – **to retaliate or hurt others** around them. When confronted with these retaliatory behaviours you feel **hurt or even threatened**. "How could she say such awful things to me?" is a typical reaction. You also feel that you want to get even with your children for wanting to hurt you. It can get nasty!!

Goal-related behaviour works because parents tend to be as predictable as a washing machine cycle. As difficult as it may seem you can change your children's behaviours when you stop responding impulsively to their misbehaviour. Ignore 'notice me' behaviours (and place your attention elsewhere), stop being a mule to help me kids, refuse to fight with power-seekers (and implement a consequence) and avoid overtly showing your hurt when confronted with retaliatory behaviours.

Start by avoiding your first instinctive impulse when kids are less than perfect and identify the behaviour's goal. Then change your usual reaction. Experiment a little and expect children's behaviour to get worse before it gets better. Hang in there and you will see results in terms of improved behaviour.

Community News

Perth Royal Show - Brownes Foods Pty Ltd is sponsoring the Royal Show again this year. They are offering free entry for children under 12yrs of age. To gain free entry, each child needs to bring an empty 1L, 2L or 3L Brownes white milk carton or bottle to the Show and give it to the friendly Brownes Staff member inside the gate.

Help Needed - Can you help Patrist Sisters in Midland are looking for new or used backpacks to send to the Philippines. They also require old spectacles. Please place in the box in the office.

Music Lessons - If you are interested in your child learning a musical instrument such as violin or guitar, please contact Scott Hunter, Musicorp Australia on 9202 6818 or scott@musicorp.com.au and he will give you more information.

School Holiday Activities

Painting Workshop run by Ellenbrook Art Group

Monday 5 October 1.00pm-3.00pm

At the Grapevine Community Centre, Brookmount Drv, Ellenbrook

Animation Workshop run by Photographers of Ellenbrook

Thursday 8 October and Friday 9 October 10.00am-12.00pm or 1.00pm-3.00pm

At the Grapevine Community Centre, Brookmount Drv, Ellenbrook

Artwork produced will become part of the Ellenbrook Cultural Foundation's Pantomime at the end of the year.

To book contact Trudi on 9297 9607 or trudi.bennett@swan.wa.gov.au